

Free and Reduced lunch applications  
may be filled out online at  
[www.lunchapp.com](http://www.lunchapp.com)  
This institution is equal opportunity.

# SEPTEMBER 2019

## Trinity Lutheran School

Foodservice reserves the right to change  
the menu without notice.  
Questions concerning the menu please  
contact Keri Carlson @ 231-398-3695 or  
[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>NO SCHOOL</p>	<p><b>3</b></p> <p>Hot Dog on WG Bun Potato Rounds Green Beans Sliced Pears Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p><b>4</b></p> <p>Garlic cheese Bread Mixed Vegetables Strawberries Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p><b>5</b></p> <p>Chicken Patty on WG Bun Goldfish Crackers Fresh Broccoli &amp; Celery Applesauce Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p><b>6</b></p> <p>Big Daddy's Cheese Pizza Baby Carrots Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>9</b></p> <p>Chicken Smackers Baked Fries Steamed Corn Diced Peaches Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>10</b></p> <p>Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Apple Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p><b>11</b></p> <p>Mini Corn Dogs Seasoned Pasta California Blend Vegetables Mixed Fruit Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>12</b></p> <p>Chicken N Noodles WG Biscuit Mixed Vegetables Diced Pears Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>13</b></p> <p>Pizza Pocket Crisp Carrots &amp; Broccoli Assorted Fresh Fruit Vanilla Pudding Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>16</b></p> <p>Chicken Strips Starz Potatoes Steamed Carrots Applesauce Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>17</b></p> <p>Nacho Supreme Shredded Romaine Fiesta Bean Bake Pineapple Tidbits Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p><b>18</b></p> <p>Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Strawberries Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>19</b></p> <p>Chicken Drumstick WG Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Diced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets]</p>	<p><b>20</b></p> <p>Pepperoni Pizza Fresh Celery &amp; Baby Carrots Sliced Pears 100% Juice Slushy Cup Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>23</b></p> <p>Popcorn Chicken Potato Rounds Hubbard Squash Mixed Fruit Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>24</b></p> <p>Cheeseburger on WG Bun Baked Beans Diced Pears Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p><b>25</b></p> <p>French Toast Sausage 100% Fruit Juice Warm Cinnamon Apples Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>26</b></p> <p>Italian Spaghetti WG Garlic Toast Spinach/Kale/Romaine Salad Sliced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>27</b></p> <p>Calzone Baby Carrots &amp; Cauliflower Assorted Fresh Fruit WG Cookie Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>30</b></p> <p>Shredded Pork BBQ Sandwich Oven Fries Baked Beans Sliced Pears Variety of Milk</p> <p>Alt: Cheese Pizza</p>				

K – 5<sup>th</sup> Grade: Full Paid Lunch - \$2.40  
6<sup>th</sup> – 8<sup>th</sup> Grade: Full Paid Lunch - \$2.65  
Adult Lunch - \$3.50  
Reduced Lunch - .40

Fresh Veggies Available Daily  
Condiments may include: Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce,  
Honey Mustard Sauce or BBQ Sauce  
Extra Milk - .50

